



# Oahe Child Development Center

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## Early Head Start & Head Start News

[www.oahechild.com](http://www.oahechild.com)

February/March 2010

### Program News

If you haven't been to a parent (committee) meeting, join us at the next one! Each month all of our units have a time for all parents to get together and discuss issues and concerns. All parents of enrolled children are automatically members of a "Parent Committee". With input from the Parent Committee, Oahe Child Development may choose to structure these meetings around a meal, social event, or training to encourage participation by as many parents as possible. These groups meet monthly to discuss and share ideas.

Each parent committee elects a parent to represent them on the Policy Council. Policy Council is involved in all program decisions and must approve them before action is taken. They also serve as a link between the parents, staff and the governing board.

It is the responsibility of ALL Policy Council Representatives to report at the monthly parent meetings about what is happening at the Policy Council meetings **and** bring the concerns of their parent committee to the Policy Council. To keep all families informed, Policy Council minutes are posted on our web site at [www.oahechild.com](http://www.oahechild.com). Be sure to look at this site for dates and times of these meetings and other happenings as well.

This year, at the parent meetings, we have done some really fun family nights. In Pierre we kicked off the beginning of the new school year with a game of kick ball. There was scrap booking in Onida. Highmore collaborated with the local extension office on de-cluttering your home. Jones County and Mellette County made first aid kits for their homes. Everyone offers CPR. We hope to see more at our parent (committee) meetings!

### Kindergarten & Preschool Information

#### **Pierre:**

Tuesday, March 2, 2010: Washington and Buchanan School's Orientation at 5:30 P.M.

Thursday, March 4, 2010: McKinley and Jefferson School's Orientation at 5:30 P.M.

St. Joseph's Orientation day: March 4, 2010 at 6:30 in McGuire Hall

Pierre Kindergarten Screenings: March 17<sup>th</sup>, 18<sup>th</sup>, & 19<sup>th</sup> at Oahe Child Development Center.

Appointments are set up at Kind. Orientation or by calling Jefferson School at 773-7320. Be sure to take Child's Social Security card, Original birth certificate, and immunization records.

#### **Ft. Pierre:**

Stanley County 0-5 Preschool screens are February 9<sup>th</sup> and April 13<sup>th</sup> at the Elementary School, call Sarah Etkorn at 223-7745 to schedule an appointment.

Stanley County Roundup will be April 19<sup>th</sup> and 20<sup>th</sup> at 6:00 to 8:15. You will receive an appointment by mail.

#### **ABO School district:**

Preschool Screens will be May 10<sup>th</sup> and 11<sup>th</sup>.

#### **Highmore/Harold School district:**

Preschool and Kindergarten screens will be April 20<sup>th</sup> & 21<sup>st</sup>.

#### **Murdo School district:**

Preschool and Kindergarten screens will be May 5<sup>th</sup>.



## Pierre Center Class 3 - Miss Tauna & Miss Brittany



### **Above:**

Jacob, Tanaysha, Abigail & Lane work together to build things using the blocks during free play time. Great Teamwork Kids!

### **Below:**

Evelyn from Class 3 is using Stencils to make her drawings. Great Job!



## Pierre Center Class 4 - Miss Charity and Miss Kelli

We have been busy with Winter, Nursery Rhymes & Fairy tales, and Penguins & Polar Bears themes. We are currently on learning about Senses and Heart Health. We will then go on to Animals, Dinosaurs, Ocean, Spring on the farm, In the Garden, & ending the year with Fun In The Sun. We are enjoying lots of movement activities and have begun some simple Yoga for kids. We visited Buchanan's playground in January and fed the geese in the field.

Bryant & his Bendistix creation



Jasie in the shaving cream



## Hyde County Head Start

The Highmore Head Start children have been busy little paleontologists in early February. We have enjoyed many dinosaur stories and have learned a lot about the “terrible lizards.” Triceratops, stegosaurus, iguanodon, pteranodon, and tyrannosaurus rex are everyday vocabulary words lately. They have turned their dramatic play area into a scientific laboratory of dinosaur discoveries. They look so smart attired in their white lab coats. The children are also using brushes, scoops and sifters to discover fossils in their sand and water table. The large-scale toy dinosaurs are also a hit. They have been building complicated block structures of volcanoes, hills and homes. Their conversations that go along with their play have provided everyone with many observations and humorous stories.



## Hyde County Early Head Start

Hyde County EHS has been having lots of fun at our socials this year. We sculpted snowmen out of play dough and then we dressed them for winter. Painting is our favorite activity, but we also play with a variety of our favorite toys. We have one more social in February(27<sup>th</sup>) and then will be heading into March with socials on the 13<sup>th</sup> and 27<sup>th</sup>. Hope to see everyone there. Don't miss the fun.



## EHS Tri County 1,2,3

Hello from Pierre Early Head Start! This school year is going by so fast! Just to recap: In September we had a getting to know everyone social and we did a nutrition activity with apples. In October we put together some interesting masks and painted some pumpkins. In December we visited the Capitol Christmas trees and joined the center base students for a holiday festival performance. In January we made and take pizzas and coffee filter penguins. This month we plan on going sledding and making first aid kits. Thank you to all of the families who have been coming to our socials, we have had a great time getting to know everyone in EHS. During February Tri County 3 will be doing fun winter crafts and musical activities during their home visits. Tri County 2 will be working with shapes emphasizing on hearts and also doing some winter crafts. Tri County 1 will be will be exploring different sensory activities and working with parents on transitions. We have had a great year so far and can't wait to see what the rest has to bring us! Thank you so much to our wonderful families! Miss Kristy, Miss Amanda and Miss Nerissa.



## Nurse's Notes

Happy Cold and Flu season!! It's that time of year again. I have some educational information from Hip on Health. Please call the health and safety specialists if you have questions about your child's illness.

### COLDS AND SNIFFLES

Runny noses, sniffles, or colds can be caused by bacteria, viruses, allergies, or breathing second hand smoke. (Second-hand smoke is smoke from someone else's cigarette.)

Respiratory diseases such as colds are spread by eating or drinking after someone with a cold, playing with his toys, or just being near someone who has a cold.

Cold and flu are caused by a virus. This means antibiotics and other medicines cannot cure your child. However, cold medicines, cough syrup, or acetaminophen can help your child feel better. A cool mist humidifier may make breathing easier.

Sometimes a cold can cause a sinus infection or ear infection. This means there are bacteria causing these problems. If your child has yellow or green mucous, complains of ear pain, or has a fever, call your doctor. Your child might need an antibiotic.

Do not take your child to school or childcare if he/she has a fever. If your child has a fever, he/she probably has a contagious disease. This means other children can get the disease from your child.

Lots of rest at night and healthy food will help your child get well. If your child has a mild cold, it is okay to play outside if he/she feels like it.

Angela Nelson, R.N.  
Program Health and Safety Manager

*Check us out on the web at*

**[www.oahechild.com](http://www.oahechild.com)**